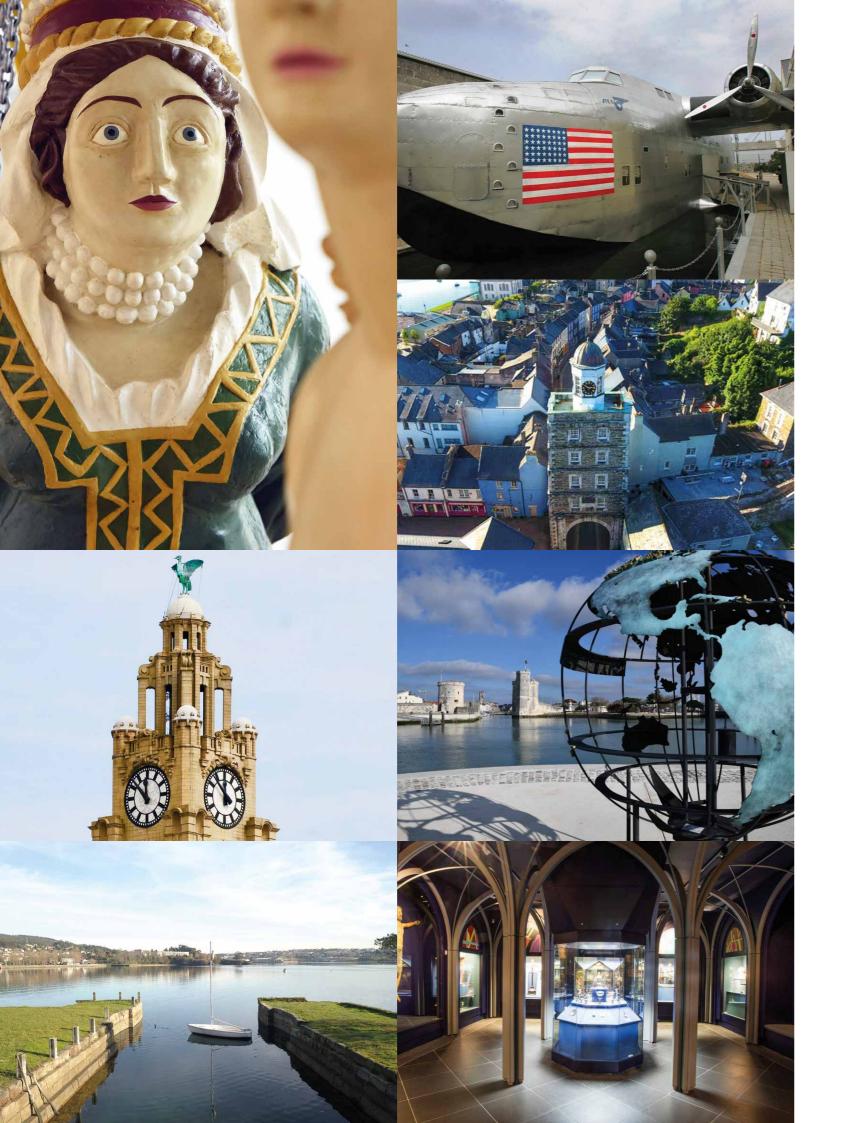


# Spirit of Discovery:

Explore Maritime Heritage experiences across Atlantic Coastal destinations





Uncover key Maritime, Military and Industrial experiences across heritage destinations on the European Atlantic Coast.

The Atlantic Adventures Collection showcases a unique range of Maritime, Military and Industrial tourism experiences linking together as key heritage destinations on the Atlantic Coast. Most of these experiences have recently undergone regeneration to recover the historical memory of these Atlantic cities and to make them more engaging for future visitors.

The Atlantic Coast destinations involved cover France, Spain, Portugal, Great Britain and Ireland:

- Plymouth
- Ílhavo
- La Rochelle

- Cork
- Cádiz
- Caen
- Limerick Ferrol

























# Plymouth

Plymouth, Britain's Ocean City, is one of Europe's most vibrant waterfront cities with so much to explore. There's something for every traveller to experience in this historic city, however long you have to stay around.

There's also hundreds of years of history to uncover, from Sir Francis Drake and the Spanish Armada, to the Mayflower sailing in 1620, to a city rebuilt following the Blitz during World War II.

Visit the Barbican and Sutton Harbour for quaint cobbled streets, a picturesque harbour and wealth of independent shops and restaurants. Here you'll also find the National Marine Aquarium – the UK's largest with more than 4,000 animals.

History fans should stop by the Mayflower Steps. Learn all about the departure of the Pilgrims on the Mayflower ship, who sailed from the UK to the US in 1620 in search of religious freedom.

A short walk from this historic heart of the city is Plymouth Hoe – to describe it as a park doesn't do it justice. The Hoe is home to the striking red-and-white striped former lighthouse, Smeaton's Tower, the art-deco, open-air swimming pool Tinside Lido and a number of statues and memorials.

Another unmissable spot is the historic Royal William Yard. Formerly a Royal Navy Victualling Yard, it's a grand and imposing sight, and the largest collection of Grade I Listed military buildings in Europe.

The Yard has now been transformed into one of the coolest spots to be, home to an array of restaurants, cafés, shops and galleries.

You can even navigate the city by boat – unsurprisingly, as Britain's Ocean City, one of the best ways to appreciate this wonderful place is on the water.



The Barbican

## Getting here



- Drive time from London is around 4 hours.
- Drive time from Manchester is around 4.5 hours.
- Drive time from Cardiff is around 2.5 hours.

## Arriving by train

Plymouth is easily accessible by train.
Travelling from London takes around 3 hours with Great Western Railway, if you're coming from the north, the trip from Manchester can take 5 hours 15 minutes.

## Arriving by ferry

You can sail by cruiseferry to Plymouth from France and Spain. Brittany Ferries run regular services from Roscoff in Brittany and from Santander in Northern Spain to the ferryport at Millbay – close to the city centre and waterfront.

## Arriving by air

There are 3 airports within an easy distance of Plymouth. These are Bristol, Exeter and Newquay.

The Atlantic Adventures Collection Spirit of Discovery

## Maritime attractions to visit

#### The Box

The Box is a major new cultural and heritage attraction. With a series of amazing permanent galleries filled with objects, you'll be able to discover the city's human history, natural history, art, media, photographic and archive collections.

You won't be able to miss the striking naval figureheads, all lovingly restored. Once built to adorn the bows of naval warships, these icons of maritime history are suspended in a huge sweep in The Box's main entrance.

One of the first exhibitions at The Box will be 'Mayflower 400: Legend and Legacy', a major show that explores the myths and uncovers new meanings connected to the Mayflower's epic journey in 1620. Travel trade tours include The Box highlights tour, The Mayflower Experience and many other bespoke tours which can be tailor made for your group.

www.plymhearts.org/thebox





## **Barbican and Mayflower Steps Walking Tour**

The historic Barbican and Sutton Harbour are at the heart of the city's heritage with the oldest buildings and the greatest number of historical stories. Around the Barbican, a vibrant place of cobbled streets, narrow lanes and more than 200 listed buildings - many of them Tudor and Jacobean – you'll find a range of cosmopolitan boutique shops, galleries, pubs, cafés and restaurants.

Visit the Mayflower Steps from where the Pilgrims are believed to have left England aboard the Mayflower for a new life in America in 1620. Discover Plymouth's maritime heritage with the one-mile Sutton Harbour Trail, or take advantage of the two National Cycle Routes right on the harbour's doorstep.

## **Devonport Naval Heritage Centre**

The Devonport Naval Heritage Site and Visitor Centre records the development of the Dockvard and Plymouth's pivotal role in supporting the Royal Navy through major conflicts since 1300, including two World Wars.

The centre is open by appointment to groups of visitors, exploring and conserving the character and history of Devonport Naval Base and the Dockyard for the future.

Tours are also available aboard HMS Courageous, a decommissioned nuclear submarine. Visit the 285ft long, 4300 ton, Churchill class, decommissioned nuclear submarine – the only exhibit of its kind in the UK. HMS Courageous provides a fascinating glimpse into the operation world of the 'Silent Service'.

https://www.visitplymouth.co.uk/things-to-do/ devonport-naval-heritage-centre-p1901323



## Plymouth's waterfront is home to many historic stories, with the likes of Sir Francis Drake, Captain Cook and Charles Darwin all setting sail from our shores.

www.devonandcornwalltourguides.com/tour/ plymouth-walking-tour/



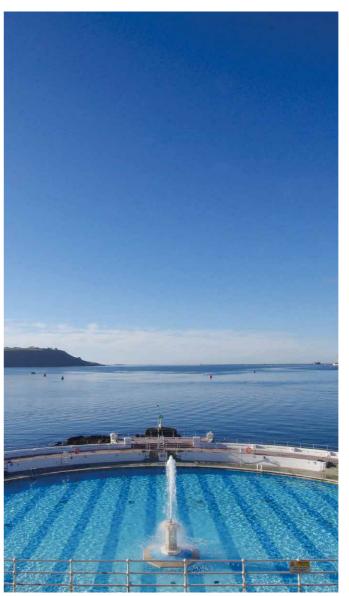
## **Plymouth Boat Trips**

A one hour harbour cruise departs daily from The Barbican Landing Stage, adjacent to the Mayflower Steps, Plymouth.

On departing the Mayflower Steps, your skipper will provide an informative commentary, as we sail across the spectacular Plymouth Sound, flanked by the beautiful Devon and Cornish coasts.

We pass Plymouth Hoe, the famous Drakes Island, heading for the river Tamar and the Royal Naval Dockyard, where the mighty warships and nuclear submarines await!

www.plymouthboattrips.co.uk



## Key events in Plymouth

#### Illuminate

#### November 2020

Illuminate is a spectacular light based festival held yearly at the Royal William Yard.

## **Plymouth Seafood Festival**

## 12th - 13th September 2020

Brings The Barbican and Sutton Harbour alive with entertainment, activities and dishes to celebrate the city's fantastic caught seafood.

## Accommodation in Plymouth

#### **Crowne Plaza Hotel**

www.crowneplaza.com/crowneplaza/plymouth

#### Jurys Inn - 247 bedroom

www.jurysinn.com/plymouth

## **Duke of Cornwall - 72 bedrooms**

www.dukeofcornwall.co.uk

## **New Continental – 99 bedrooms**

www.newcontinental.co.uk

## **Moorland Garden Hotel - 42 rooms**

www.moorlandgardenhotel.co.uk

## Food and drink in Plymouth

#### **Plymouth Gin**

www.plymouthdistillery.com

## **The Boathouse Restaurant**

www.theboathousecafe.co.uk

## **Rockfish Plymouth**

www.therockfish.co.uk/restaurants/plymouth

For more information on places to stay, things to see and do and events in Plymouth, please visit www.visitplymouth.co.uk



# Liverpool

Liverpool is a city built on maritime heritage and the importance of the water. It grew as a city thanks to its position on the north west coast of England, facing out to Ireland and, beyond the Atlantic, the US.

It was once the world's busiest port, and as a result has been the site of a wealth of maritime history.

In 1715, the first ever commercial wet dock opened in Liverpool; the Old Dock, originally known as Thomas Steers' Dock. The Royal Albert Dock on Liverpool's waterfront was an architectural triumph that opened in 1846 and was the first structure in Britain to be built from cast iron, brick and stone.

By the late 19th Century, 40% of the world's trade was passing through Liverpool's docks.

Two years after the Royal Albert Dock opened it was modified to feature the world's first hydraulic cranes. It was a popular store for valuable cargoes like brandy, cotton, tea, silk, tobacco, ivory and sugar.

You can even stay amongst the beautiful maritime heritage at the Titanic Hotel Liverpool which brings magnificent furnishings and comfort into a truly historic rum warehouse.

Delve deeper into the maritime history of Liverpool's docks from the commercial trade to its busy ferry terminal at the Merseyside Maritime Museum and International Slavery Museum located at the Royal Albert Dock or take a free tour of The Old Dock that has been carefully preserved beneath the Liverpool ONE complex.



Salthouse Dock, Liverpool, United Kingdom

Angeles, Miami,

New York, Orlando,

Philadelphia, San

Francisco, Seattle

and Washington D.C.

## Getting here

## Arriving by train

Getting to Liverpool by train is quick and easy, with regular rail services from all over the UK taking you straight to the mainline city centre railway station, Liverpool Lime Street. Journey times between London and Liverpool take just over 2 hours, while travel from Manchester to Liverpool only takes 35 minutes.

## **Arriving by ferry**

P&O Ferries offer easy access to Ireland operating a twice daily service between Holyhead and Dublin. Stenaline operates daily routes into Liverpool from Belfast.

The Isle of Man Steam Packet operates seasonal sailings into Liverpool from Douglas.

## Arriving by air

Liverpool's John Lennon Airport has over 80 UK and European routes into Liverpool. Carriers include EasyJet, Lauda, Ryanair and Blue Air. Manchester Airport is located 45 minutes from Liverpool city centre, with long-haul routes connecting the North West of England with many cities across the US including Atlanta, Las Vegas, Los

## Arriving by cruise

Liverpool's cruise terminal welcomes Transatlantic, North European and Baltic Cruises to the city across the season. The terminal's central location on the River Mersey showcases breathtaking views of the world famous waterfront on arrival.

## Maritime attractions to visit

## **Merseyside Maritime Museum**

Merseyside Maritime Museum is in the Royal Albert Dock. It contains a variety of objects associated with the social and commercial history of the port of Liverpool. Highlights include ship models, maritime paintings, colourful posters from the golden age of liners and even some full sized vessels.

There is also the major exhibition Titanic and Liverpool: the untold story, which tells the story of Liverpool's links to the ill-fated liner.

The museum also houses the International Slavery Museum (on the third floor) as well as the Border Force's national museum: Seized! The Border and Customs uncovered (in the basement).

www.liverpoolmuseums.org.uk/maritime



Merseyside Maritime Museum

## **The Old Dock Tours**

Tours of Liverpool's revolutionary Old Dock – the world's first commercial enclosed wet dock – are now available and can be booked from Merseyside Maritime Museum.

Public tours are available on Mondays, Tuesdays and Wednesdays at 10.30am, 12 noon and 2.30pm. Each tour lasts for one hour.

https://www.liverpoolmuseums.org.uk/whatson/merseyside-maritime-museum/event/old-dock-tour



The Old Dock

## **Royal Liver Building 360 Tour**

Overlooking the River Mersey and dominating one of the world's most famous waterfront skylines, is Royal Liver Building.

This iconic symbol of Liverpool, built in 1911 has the enviable status of a Grade I listed landmark building and was Europe's tallest building when it was erected. It's classic on the outside yet modern, light and chic on the inside with large open plan interiors that push the boundaries of contemporary design and technology.

This amazing building has now opened up its doors and is offering immersive guided tours.

www.rlb360.com



The Royal Liver Building

## **Mersey Ferry**

Take the world-famous 'Ferry Cross the Mersey'. Cross over to Wirral Peninsula whilst enjoying the on-board commentary before visiting the quaint Port Sunlight Village and Lady Lever Art Gallery.



Mersey Ferry

## **Accommodation in Liverpool**

## **Titanic Hotel Liverpool**

www.titanichotelliverpool.com

## **Holiday Inn Express, Royal Albert Dock**

ihg.com/holidayinnexpress

## **Unique to Liverpool Hotels**

## **Hard Days Night Hotel**

www.harddaysnighthotel.com

## **Hope Street Hotel**

www.hopestreethotel.co.uk



The Beatles

## Food and Drink in Liverpool

#### Stanley's Bar & Grill Restaurant

www.titanichotelliverpool.com/dining/stanleys-bargrill

## Smugglers Cove (on the Royal Albert Dock)

www.thesmugglerscove.uk.com

#### **Marco Pierre White Wheeler's St James**

mpwrestaurants.co.uk

For more information on places to stay, things to see and do and events in Liverpool, please visit www.visitliverpool.com



Stanley Bar & Grill



## Cádiz

The history of Cádiz since its origin has been linked to the sea, since the arrival of the Phoenicians, a civilization of great navigators and merchants, with important episodes of its history strongly related to its geographical location and strategic position under the protection of the security provided by the defensive system of the city and the location of its port, which led to the rise of maritime trade in the seventeenth century that reached its peak splendour in the eighteenth century.

For this reason the name of the one of the four official tourist routes in the city of Cádiz is 'Shipper to the Indies'

This walk takes in the houses and watchtowers of the shippers to the Indies, the bourgeois merchants that traded with the New World.

By this walk, it is possible to discover the golden age of Cádiz in the 17th and 18th century, when the 'Casa de Contratación' or House of Trade with the Indies was moved to the city from Seville.

At present the link with the sea exists, which justifies interventions at the level of infrastructure such as the construction of the second bridge of the city, the Bridge of the Constitution of 1812, as well as the economic dependence of the city.



La Celeta Beach



The walls of San Carlos

## Getting here



Cádiz is easily accessible by train with direct connections to Madrid and other key tourism locations.

## Arriving by air

The Province of Cádiz currently has an airport located 7 kilometres from Jerez de la Frontera and 50 kilometres from the city of Cádiz. There is also a transport link to Africa thanks to the Algeciras heliport.

# Arriving by cruise

Seville and Malaga airports are within easy reach and offer flights to a wide range of international and national destinations.

Port of Cádiz & Cruise
Terminal. (Up to 400.000 cruise passengers arriving on board of more than 400 cruise ships to Cádiz every year).

## Maritime attractions to visit

## **Tavira Tower**

It's the most important of the Observation Towers owned by traders & shippers to Indies in 17th and 18th centuries.

Go back in time to the 18th century, when thanks to trade with the West Indies, Cádiz was at its most magnificent. Ascend to one of the 134 watchtowers, the Tavira Tower, the highest point in the old part of the town and experience the Camera Obscura.

Nowadays it's one of the most visited tourist attractions in the city consisting in Da Vinci's Camera Obscura.

www.torretavira.com/en



Tavira Tower

## **Gadir Archaeological Site**

The site is located in the basement of the current Puppet Theater "La Tia Norica". It is structured in different planes that correspond to the different periods of occupation of the settlement, highlighting the layout of streets, homes and utensils corresponding to the ninth century B.C. A total of eight houses are conserved distributed in two terraces and organized around two paved streets. All these constructions have been made following what is called earth architecture, that is, mainly made with mud and clay. In addition to these Phoenician remains, constructions of a factory for Roman fishery manufacturing are preserved, with their pools for salting fish. Suitable for groups.

www.Cadizturismo.com



Gadir Archaeological site

## Key maritime events in Cádiz

## **Gran Regatta Cádiz 2020 Festival**

Thursday 9th – Sunday 12th July – held every 4 years Annual Music concerts and Festivals in the Port of Cádiz in summer time.

Please visit www.Cadizturismo.com

## Accommodation in Cádiz

Please visit www.turismo.Cadiz.es

## Food and drink in Cádiz

Please visit www.turismo.Cadiz.es

A visit to the market is a must to breathe in the atmosphere of Cádiz and see all the wonderful fresh fish, fruit and vegetables.

For more information on places to stay, things to see and do and events in Cádiz, please visit www.turismo.Cadiz.es





# Caen

# Caen, in Normandy, is one of the oldest university towns in France.

Brimming with exquisite art and fashion boutiques alongside superb markets selling fine wines and fresh produce, Caen provides an indulgent shopping experience. The rich tastes of Normandy can be experienced not only in the dairy and seafood dishes served in Caen's excellent restaurants but also at the street side crêperies and pátisseries.

Plunge into Caen's fascinating history by visiting the last resting place of William the Conqueror at the fairytale Abbaye aux Hommes (the 'Men's Abbey').

You can also explore William's Château de Caen, an 11th century castle that is one of the largest medieval complexes in Europe and an impressive piece of military architecture.

Surrounded by a dry moat, the Château de Caen is now home to the Musée de Normandie which explores the region's history from the Gauls and the Romans to the Vikings and Saxons, with exhibitions about the landscape of Normandy and the everyday lives of the Norman peasants.

Caen is a fantastic starting point to explore the sites of the Normandy Landings with guided beach tours, and the emotive Caen Memorial Museum, dedicated to peace, is renowned as one of the best WW2 museums in France.



Market Square (Photo: Fabien Mahaut / Calvados Attractivité)



Château Museum (Photo: Fabien Mahaut / Calvados Attractivité)

## Getting here



Main motorway routes direct to Caen. Drive time to Paris (approx. 3 hours).

## Arriving by train

Caen is easily accessible by train with direct connections to Paris and Cherbourg and other key tourism locations.

## å Arriving by air

Carpiquet has its own airport with international flights, located just 6km outside of Caen.
Other airports nearby in Normandy:

- Cherbourg-Maupertus
- Dieppe-Saint-Aubin
- Le Havre-Octeville
- · Rouen-Vallée de Seine.

## **Arriving by ferry**

Direct routes on a daily basis to the UK.

## Maritime attractions to visit

## The Mémorial de Caen

Located in the immediate vicinity of the D-Day Landing beaches, the Mémorial de Caen visitor centre is among the must-see sites focusing on the Battle of Normandy and 20th century history.

From the origins of World War II to the end of the Cold War, museographical displays tell of these dark pages of 20th century history.

Group visits available.

www.memorial-caen.fr/



## Château-Museum - Dieppe

This medieval castle is home to a splendid exhibit of ship models, maps, navigation instruments, paintings and etchings, archaeological pieces found in the region, folklore of Pays de Caux and Dieppe, furniture and a number of 16th and 17th century Dutch paintings. There are also French 19th and 20th centuries paintings, including a collection of prints by Georges Braque, as well as the famous composers.

## For more information on Maritime Heritage in Normandy please visit

http://en.normandie-tourisme.fr/cultural-heritage



The Memorial de Caen (Photo: Loïc Durand / Calvados Attractivité) Château-Museum - Dieppe (Fabien Mahaut / Calvados Attractivité)

## Key events in Caen

## **Fécamp Grand'Escale**

1 to 5 July

One year after the world-famous Rouen Armada, several majestic tall ships will set course for Normandy again to take part in the very first edition of Fécamp Grand'Escale. This event will bring together sailing ships, yachts and steamboats at the heart of the Alabaster Coast from 1 to 5 July.

Please visit http://www.normandie-tourisme.fr

**D-Day Landings** 6th June

## Accommodation in Caen

Please visit https://www.caenlamer-tourisme.fr/fr/ sejourner-dormir/

## Food and drink in Caen

Please visit https://www.caenlamer-tourisme.fr/fr/ eveiller-ses-papilles/

For more information on places to stay, things to see and do and events in Caen Normandy, please visit http://www.normandie-tourisme.fr





## Cork

## Cork - Ireland's Maritime Haven

With a maritime history spanning over a thousand years, Cork is set in a beautiful soft coastal environment where the land, the people and their culture will allow you to discover a quirky way to stimulate your senses.

Cork was founded 14 centuries ago, on islands in an estuary, where the River Lee joins the world's second-largest natural harbour. Now waterways circle the city-centre, crossed by 22 bridges and hilly neighbourhoods climb the river banks, stacked with colourful houses.

Cork's importance as an international trading port dates back to the 11th century when Vikings established the first permanent town on the southern banks of the River Lee. The invading Anglo-Normans further developed the settlement and Cork was granted its first city charter in 1185 giving rise to a walled port city, into which trading ships sailed via the main harbour-facing gate.

Cork's maritime origins are exemplified in its coat of arms featuring a ship sailing through the King's Old Castle and Queen's Old Castle, which flanked the main gate and the city's motto, 'Statio Bene Fide Carinis' which is Latin for, 'A safe harbour for ships'.

Thanks to its deep water harbour, the city of Cork experienced a commercial boom in the late eighteenth and early nineteenth centuries.

As an important provisioning centre for the Royal Navy, ships carrying textiles, salted beef and salted butter left Cork for destinations as far away as the Caribbean.

By this time, Cork's Butter Market had grown to become the largest in the world. This maritime trading heritage, on which Cork was built, can be read in the streets and buildings as one strolls through the modern city today.

Cork is the biggest county in Ireland and is part of both the Wild Atlantic Way and Ireland's Ancient East.

With over 1000km of coastline there's a mesmerising amount of experiences to be had.



Interior of Elizabeth Fort

## Getting here



Cork is linked to Dublin via the M8 motorway and Rosslare Harbour via the N25 and both journeys take about 2.5 hours.

## Arriving by train

Cork's Kent Station offers easy access to the national rail network with hourly trains to Dublin (journey time 2.5 hours) and is just a 10-minute walk from the City Centre. From Kent Station you can also access local towns such as Cobh, Mallow, and Charleville.

## Arriving by air

The airport is located just 10 minutes from Cork City Centre. Bus and taxi services are available just outside the arrivals area. Cork Airport offers direct flights from almost 50 destinations around Europe including major hub airports in London, Amsterdam and Paris.

## **Arriving by sea**

Located just 15km from Cork City centre, the ferry terminal offers easy access to and from mainland Europe. Brittany Ferries operate daily services between Cork-Roscoff (France) and Cork-Santander in (Spain). Cork is also accessible via ferry from Rosslare and Dublin. The Atlantic Adventures Collection Spirit of Discovery

## Maritime attractions to visit

## **Elizabeth Fort**

Elizabeth Fort is situated on the south side of the city and is said to be one of the finest examples of a 17th century star-shaped fort. The fort itself has gone through a number of phases & rebuilds. Originally built in 1601 during the reign of Elizabeth I, it was replaced in 1624 by a stronger fort which had the same basic outline as that which survives today.

It is reputed that improvements were also made by Cromwell in 1649 when he took control of the city. It was used again in 1690 by Williamite forces to shell the city and a cannonball fired from the Fort at the old tower of St. Fin barre's was found during the 19th century rebuilding of the Cathedral.

Groups tours and bespoke visits are available if pre booked in advance.

www.elizabethfort.ie



Elizabeth Fort

**The Butter Museum** 

The Butter Museum is a unique institution, celebrating one of the great success stories of Ireland - the butter trade. Located in the historic Shandon area of Cork city, the story begins with the central role of dairy culture in the Island of Saints and Scholars. The Museum goes on to describe the internationally important Butter Exchange in nineteenth century Cork.

By this period the Cork butter market had become the world's largest and was a pivotal to Cork's success in maritime trade. In the course of this story, the commercial, social, and domestic life of Ireland is recalled.

Please contact the museum for group bookings. Butter making demonstrations are available from **April 2020.** 

www.thebuttermuseum.com



Cork Butter Museum

## **Blackrock Castle Observatory**

Dating back to the 16th century, the fortification was built to defend the entrance to the port of Cork against pirates and invaders. Today, it is home to a state of the art observatory and houses a fascinating range of exhibitions dealing with the history of the castle and also the origins of the universe. Enjoy stunning views of Cork harbour from this impressive landmark.

Group rates and private evening tours are available. More information is available on the website.

www.bco.ie



Blackrock Castle Observatory

## Key events in Cork

#### **Ocean to City**

#### 06 June 2020

Multicraft race which features over 600 participants in over 200 boats.

www.oceantocity.com

## **Cork Harbour Festival**

## 15 - 24 May 2020

A week-long celebration of Ireland's maritime culture with over 70 different events - taking place in Cork City as well as in 15 harbour towns and villages. www.corkharbourfestival.com

#### Seafest

## 15 - 17 May 2020

This event rotates around Ireland but for 3 years (2019-2021) will be in Cork. It is Ireland's largest free maritime festival, which aims to increase participation and engagement with the sea. www.seafest.ie

#### Accommodation in Cork

Cork has a wide range of accommodation options so whether you're looking for 5 star pampering or bustling hostels, you'll find something to suit your needs and budgets.

To find out more visit www.purecork.ie

## Food and drink in Cork

Renowned as the 'Food Capital' of Ireland, Cork's food culture and its fresh local produce are reflected in a vibrant local food scene with an extensive variety of dining options. Cork offers a wide range of pubs, many of which feature live music, with new microbreweries also flourishing.

For more information on places to stay, things to see and do and events in Cork, please visit www.purecork.ie



Ocean to City - An Rás Mór



# **Ferrol**

Ferrol, known as the capital of the sea, is defined by the local writer Gonzalo Torrente Ballester as a logical settlement in a magical land.

Ferrol was created over a fishing village in the 18th century, during the Enlightenment period and due to its strategical location, it was chosen to be a defensive enclave of the Spanish Empire and to become a worldwide landmark in shipbuilding.

It also is the port of entry of the English Way, the only maritime route of the Pilgrimage Way to Saint James of Compostela.

Ferrol preserves relevant military and industry heritage sites, included in the indicative World Heritage List 2006, with several heritage assets candidates to be declared World Heritage.

The Military and Civil Arsenal, the natural port, the estuary flanked by the castles of La Palma and San Felipe, the civil tidal dock, unique in Europe, and the defensive coast systems are some examples Ferrol's heritage.



Ferrol historic dockyard

## Getting here



Drive time from Madrid is around 6 hours with accessible motorways connecting to major cities in Spain.

## Arriving by train

Ferrol is easily accessible by train with direct connections to Madrid and other key tourism locations including Barcelona.

## Arriving by air

There are 3 airports within an easy distance to Ferrol. These are La Coruna, Santiago de Compostela and Vigo.

## Maritime attractions to visit

# **English maritime way to Saint James of Compostelle**

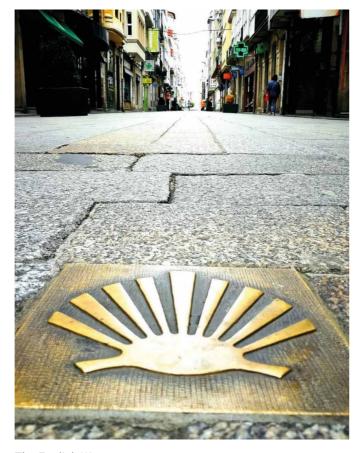
This maritime route was followed by the Scandinavians, Central Europeans and pilgrims from the British Isles in the Middle Ages, from the s. XII, arriving to the ports of Ferrol or A Coruña (and to a lesser extent Ribadeo and Viveiro). Its name was due to the fact that the largest number of pilgrims came from the British Isles.

In total they are about 120 kms. Each year, thousands of pilgrims of all nationalities travel this way, especially in spring and autumn. In the municipal offices of Tourism of Ferrol credentials of St. James' Way are sold to pilgrims.

In Ferrol, the English Way runs through two different sections:

- the first runs through the historical area of the city:
   Old Town of Ferrol, the Magdalena neighbourhood and the old neighbourhood of Esteiro.
- the second section was developed by the urban expansion of the city around the neighbourhood of Caranza, and communicates with the out-of-town area of La Gándara.

https://visitferrol.com/ruta-de-camino-ingles/?lang=en



The English Way

## **Navel Museum**

The Naval Museum is located in a beautiful building of the 18th Century designed by Sánchez Bort, which was formerly a prisoner barracks.

The contents of the Naval Museum will take us to some of the highlights of the Spanish Army through the centuries.

This museum of the Navy permanently exhibits models of ancient ships, diver's suits, flags of ships, various navigation materials and cartography.

It is worth noting the remains of the 'Magdalena' frigate which sank in Viveiro in 1810.

Guided visits can be booked in advance.

https://visitferrol.com/museo-naval/?lang=en



Navel Museum

## Key maritime events in Ferrol

## **Sail the Way**

www.sailtheway.es/en

Sailing the Pilgrim route of Saint James de Compostelle

## Food and drink in Ferrol

Please visit https://visitferrol.com/dondecomer/?lang=en

For more information on places to stay, things to see and do and events in Ferrol, please visit www.visitferrol.com

## **Accommodation in Ferrol**

Please visit https://visitferrol.com/donde-dormir/?lang=en



Shipbuilding Yard



# Ílhavo

Cod is almost a way of life in Portugal, and if ever there's a place to go to understand this affection, Ilhavo is the right place to start. Fundamentally linked to the Ria de Aveiro lagoon that surrounds it and inevitably facing the sea by two fine beaches – Barra and Costa Nova, Ilhavo has in this connection its main characteristic.

With about nine and a half centuries of documented life, Ílhavo is considered to be descendants of legendary navigators, possibly Phoenicians, Greeks or former navigators of the North Seas and even Romans.

But what defines Ílhavo and its people is cod fishing. The history tells us that most of the cod fishing vessels officers, as well the majority of Portuguese cod fishermen were Ílhavo born and bred, and went on epic voyages to the North-Atlantic seas.

The modern maritime museum will give you all the background, as well as a 1948 trawler turned museum moored for you to visit.

Ílhavo is also on the Ria de Aveiro Iagoon, which has its own distinct identity and culture, while glorious Atlantic Beaches with bubbling surf and one of the tallest lighthouses in Europe are also in your grasp here.



Cod Aquarium (Museu Marítimo de Ílhavo)

## Getting here



Direct route from Lisbon (approx. 2 hours 30 mins) or Porto (approx. 1 hour).

## Arriving by train

Ílhavo is easily accessible by train (station in Aveiro) with direct connections to Lisbon (approx. 2 hours) or Porto (approx. 40 mins).

## Arriving by air

Nearest airport is Porto (Francisco Sá Carneiro Airport).

## Maritime attractions to visit

## Museu Marítimo de Ílhavo

In an award-winning building from 2001, Ílhavo's maritime museum (founded in 1937) has three main galleries:

The main room is all about the White Fleet and Portugal's North Atlantic cod fisheries, with a replica of a two-masted vessel. You can then learn about the Ria de Aveiro lagoon and see their typical painted wooden boats. The last room is about the Ílhavo's diaspora and the town's deep connection with the sea, as well an important collection of navigational instruments.

In 2013, the museum opened a beautiful cod fish aquarium, an attractive exhibition of biological heritage dedicated to the species Gadus morhua, Atlantic cod, completing the historic speech of the museum, offering the public an incomparable knowledge and leisure experience.

https://museumaritimo.cm-Ílhavo.pt



Museu Marítimo de Ílhavo

## **Barra Lighthouse**

The tallest lighthouse in Portugal looms over the Barra beach and is just where the Ria de Aveiro lagoon connects with the Atlantic.

This structure, painted red and white, has opened in 1893 and has a 23 mile beacon at 66 metres above sea level. If you're up to the climb you can scale the 288 calorie-burning steps to look out to the ocean or back at Gafanha da Nazaré, Ílhavo and its lagoon.

http://www.visitilhavo.pt/p/faroldabarra

## Navio Museu Santo André

Moored at Jardim Oudinot (town of Gafanha da Nazaré) is a relic of Portugal's 20th century cod fishing fleet.

This 71-metre Dutch-built trawler was launched in 1948 and made its last expedition to Norway in 1997 before being restored and opened to the public. It's the last of its kind in Portugal, hauling its catch in from the side rather than the stern and able to hold 1,200 tons.

https://museumaritimo.cm-Ílhavo.pt/pages/33



Navio-Museu Santo André

## Costa Nova beach

It is undoubtedly one of the most striking images of the Portuguese beaches, with its colourful 'Palheiros', houses painted with colourful and contrasting stripes. The Costa Nova delights for its charm, with the spectacular scenery of the lagoon and the ocean sunsets.



Costa Nova 'Palheiros'

## Key maritime events in Ílhavo

Marolas Festival (beaches) July

**Codfish Festival August** 

**Lord Jesus of Sailors September** 

Our Lady of the Sailors Nautical Procession September

On-board Gastronomy Festival November

## Accommodation in **Ílhavo**

Please visit www.visitilhavo.pt/p/alojamento

## Food and drink in **Ílhavo**

Please visit www.visitilhavo.pt/p/restaurantes

For more information on places to stay, things to see and do and events in Ílhavo, please visit www.visitilhavo.pt



Our Lady of the Sailors Nautical Procession



## La Rochelle

From the Old Port, embodying the soul of the city, to the trawlers' basin with the France 1 meteorological ship, the Maritime Museum's heritage fleet or classical yachts along the former fish market's dock, La Rochelle has a very significant maritime heritage and often referred to as the Historical gateway to the Atlantic.

It's the leading French city for the number of boats marked as 'Historical Monument' and one of the most popular tourist cities (4 million visitors per year).

La Rochelle also has the biggest European marina on the Atlantic coast where the Grand Pavois International Boat Show takes place every year.

In addition, the city hosts other events that contribute making the sea a key element of its dynamism and influence.



The old harbour

## Getting here



Accessible motorway routes:

- Paris: 467 km
- Lyon: 650 km
- Marseille: 825 km

## Arriving by train

La Rochelle is easily accessible by train with direct connections to Paris and other key tourism locations – La Rochelle to Paris – 3hrs.

## Arriving by air

La Rochelle has its own airport located very close to the town with flights to and from key locations in France, Spain, Great Britain and other close European destinations.

French version https://www.larochelletourisme.com

## **English version**

https://www.holidays-larochelle.co.uk

## Maritime attractions to visit

## Musée Maritime La Rochelle

Among its ships afloat, most being classed as an historical monument, three can be visited. The France 1 meteorological ship hosts exhibits and even a bar where you can have a drink and a bite to eat.

Visitors can tour the ships as well as see the displays that tell of La Rochelle's eventful seafaring history, from the many battles to its time as an important trading centre. Groups can have a Private Tour of France I and the permanent exhibition in the pavilions gallery. New for 2020 is the new exhibition 'Climate Ocean', which can also form part of your tour of the museum.





Exhibition in the France 1 meteorological ship

## **Walking tours of La Rochelle**

Join one of their many guides on a walking tour of La Rochelle. Understand more about the wonderful maritime heritage of the city and find out why this beautiful town has an abundance of arts and cultural linked to its maritime past.

Can be pre-booked through the tourism office and groups welcome.

https://reservation.larochelle-tourisme.com/visites-activites-la-rochelle.html



The two towers of La Rochelle, emblem of the city

## **Boat Trips of La Rochelle**

You can take various boat trips in La Rochelle direct from the historic marina ranging from 1 hour cruises to half and full day excursions. Visit the tourism office for more details on the trips and companies available.

https://www.larochelle-tourisme.com



Nautical parade in the old harbour

## Key events in La Rochelle

#### **Francofolies**

10th - 14th July

One of the most significant festival of music and mainly French-speaking songs of the summer.

#### **The Grand Pavois**

29th September - 4th October

The largest European in-water boat show in the Minimes Marina.

## **The Adventure film Festival**

9th - 15th November

An unmissable event for all adventure documentary film lovers, lovers of huge areas and curious travellers.

Grand Par



## Accommodation in La Rochelle

#### **Please visit**

French version

https://www.larochelle-tourisme.com

## **English version**

https://www.holidays-la-rochelle.co.uk

For more information on places to stay, things to see and do and events in La Rochelle, please visit https://www.larochelle-tourisme.com



Bar and restaurant in the Maritime Museum



Bar and restaurant in the Maritime Museum



# Limerick

From the picturesque ruins of the medieval strongholds of the Knights of Glin and the Earls of Desmond dotted along the Shannon Estuary, to the Foynes Flying Boat & Maritime Museum, which celebrates the birth of transatlantic air travel, Limerick has been shaped by its maritime history and its relationship with the sea.

Located at the point where the Shannon, Ireland's longest river meets the sea, Limerick City began as a Viking trading port but was soon developed into an Anglo-Norman fortress, known as King's Island. The famed Walls of Limerick and King John's Castle withstood many sieges over the centuries, and still stand guard over the riverside city.

The mighty Shannon and its tributaries provide a majestic backdrop to the heritage towns of Adare, Askeaton and Glin, which are linked by the Shannon Estuary Way scenic coastal route.

Limerick City is ideally located as a destination to the West of Ireland, being a designated Gateway City along the celebrated Wild Atlantic Way.



Riverfest

## Getting here



Drive time from Dublin to Limerick (M7) is 2 hours 20 min.
Drive time from Cork to Limerick (N20) is 1 hour 30 min.
Drive time from Galway to Limerick (M18) is 1 hour 20 min.

## Arriving by train

Limerick is easily accessible by train, with direct connections to Dublin, Cork and Galway.

## Arriving by air

Shannon International Airport is located 20km from Limerick City (30 min drive).

The Atlantic Adventures Collection Spirit of Discovery

## Maritime attractions to visit

## **Foynes Flying Boat & Maritime Museum**

The story of the role played by Foynes in the establishment of passenger flights across the Atlantic is excitingly captured in the Museum. The famous flying boats were frequent visitors, carrying a diverse range of people from celebrities to refugees. The Maritime Museum portrays the history and personality of the River Shannon from Limerick City to Loop Head.

The River Shannon is a huge feature in the history and mythology of Ireland and this museum features some of that history.

Our Irish Coffee Centre is located where the world famous Irish Coffee was invented! We have Chef Joe Sheridan and his dedication to cold and weary flying boat passengers to thank for it. Visit our Irish Coffee Centre to learn about the serendipitous origins of this amazing drink.

Groups bookings and bespoke tours available.

https://www.flyingboatmuseum.com/



Foynes Flying Boat & Maritime Museum



Foynes Flying Boat & Maritime Museum

## **The Hunt Museum**

The Hunt Museum houses a diverse collection of antiquities and fine and decorative art. It reflects the tastes and interests of the two people who formed it, John and Gertrude Hunt.

Private group tours can be booked.

#### You can view the art of:

- · Picasso, Renoir, Gauguin, Giacometti and Yeats
- Stunning works from medieval times and examine weapons and tools from the Celtic period
- A visit to our Jewellery Gallery, to view the Mary Queen of Scots Cross, and to the Treasury, to see the Greek coin reputed to be 'one of the thirty pieces of silver' paid to Judas for the betrayal of Christ is also included.

www.huntmuseum.com



The Hunt Museum



The Hunt Museum

## Key events in Limerick

Riverfest becomes a mecca for families, foodies, fun runners and watersport enthusiasts each May Bank Holiday for the city's premier summer festival. https://www.limerick.ie/riverfest

## **Accommodation in Limerick**

#### **Glin Castle**

https://www.glin-castle.com/

## **No.1 Pery Square**

https://oneperysquare.com/

## Food and drink in Limerick

## **Alex Findlater & Company Ltd**

https://www.alexfindlaterandco.ie/

## **Curragower Bar & Restaurant**

https://curragower.com/

For more information on places to stay, things to see and do and events in Limerick, please visit

www.limerick.ie



Curragower Bar & Restaurant



Glin Castle



Alex Findlater & Company Ltd





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